

Coaching NEWSLETTER



Happy New Year! It's hard to believe we are halfway through the season already - here are some updates on the coaching scene here in British Columbia:

2016-2017 Team BCSSA Coaching Personnel

Short Track

ST Performance Stream: Arianna Van Der Starre

ST Provincial: Duane Swan

ST Development: Louise McLaren & Lucy Lee

Long Track

LT Performance: Sandi Vyse

LT Provincial: Adam Ingle

LT Development: Corine Masich

More details and official announcements found here:

<http://www.speed-skating.bc.ca/team-bcssa-coaches/>

Junior Coach Spotlight:

Mark Watney – with the Nechako Lake Speed Skating Club in Vanderhoof. Mark has made an incredible impact on the FUNdamentals skaters in the club! Mark is incredibly dedicated and has made it to nearly every practice this year. He has made a connection with the skaters that older coaches simply can't make. Skaters look forward to watching his demos, hearing his feedback... and trying to catch him in a game of tag!

Mark is eager to help out with everything - whether it is setting up pucks for an activity, leading a small group through a skating exercise, or supporting young skaters who need a short break from the cold in our chilly arena!

Mark also continues to skate and compete himself, setting several personal bests this year. On behalf of all of the skaters and club coaches, thanks Coach Mark for all that you do!



Mark getting a big hug from his skaters!

Officials and Yellow/Red Carding

We are sending this out as a friendly reminder to ALL coaches.

As a coach, you are responsible for your actions and behaviour when dealing with referees, parents and athletes. You are to adhere to and abide by the Code of Conduct set out by the Coaches Association of Canada. As a coach you have agreed to follow the NCCP Code of Ethics (2016), which describes five Ethical Principles (integrity, honoring sport, respect, coaching responsibly & physical safety for health & sport) and the corresponding Standards of Behaviour Expected of Coaches.

Referees have the discretion to apply yellow and red cards to coaches and athletes. Referees are aware of and understand policies and procedures around the yellow and red card rules as well as the Harassment Policy and Code of Conduct for BCSSA/SSC. Coaches can expect that if they act in a manner in conflict with these policies, referees will institute a process of progressive discipline.

Many of you have become coaches as a parent, former athlete or simply for the love of the sport, and it is essential to remember the overall goals of skater development. At times coaches can get carried away by their passion for the sport and competition. Please be aware of your actions when dealing with officials, skaters and parents, as you are very important role models & a critical influence to the skaters as they develop, grow and mature.

Coming up in the next edition...



Updates from Team BCSSA
Personnel

Junior Coach Spotlight

And more!

Pictured: Athletes at the Fort St. John LT
Camp in December (Photo by Michael
Mong).