

PARTNERS



October, 2015

To all Referees and Coaches, parents and skaters:

**A reminder:**

Skate Tip Blade safety:

Green Book, ISU rule 291, Equipment of skaters, 1. f) and 2, page 106.

1. All Skaters must be equipped with:
  - a) Safety type headgear that is in compliance with the current ASTM standard (American Society for Testing and Materials) for Short Track Speed Skating. The helmets must have a regular shape and may not have protrusions;
  - b) Gloves or mitts;
  - c) Shin protection;
  - d) Long sleeved and long legged clothing;
  - e) Padded or padded hard shell knee protection;
  - f) All speed skates must have the tubes closed and the blade ends must be rounded off, **with a minimum radius of 10 mm.** Blades must be fixed to the boot at a minimum of two points with no moveable parts;
  - g) Neck protection.

2. Each Skater is solely responsible that his personal equipment meets the highest safety criteria in order to obtain the utmost safety of the Skaters.

Skaters must have their skate tips ground down and fixed to a 10 mm radius; this is about the same radius as a 5 cent piece. A penny is the minimum radius that is allowed (however pennies are not manufactured anymore in Canada). A 10 cent piece (dime) is not a 10mm radius and therefore must not be used.

As BC takes a proactive approach to safety it is mandatory that skaters fix their blades as soon as possible to the recommended 10 mm radius for the front and back of the blades.

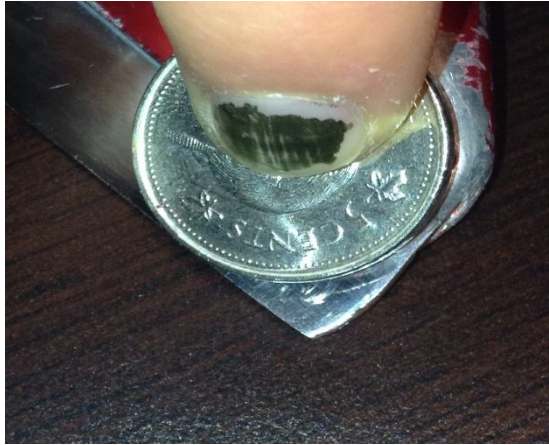
Photos have been included below depicting correct and incorrect blade tips.



✓ Correct blade tip



✗ Incorrect blade tip  
(this blade tip will have to be ground down)



**X** This is an extreme case of an incorrect radius

If you are unsure, use a nickel (5 cent piece) as shown above to check your own skates or your child's skates to make sure they are correct. **If the radius is incorrect , grind them down and fix them ASAP!**

If there any comments or clarifications needed please contact BCSSA ODC via e-mail.

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