



How To: Use the BC Interclub Format *- for Recorders -*

Compile Categories

- Suggested registration deadline is 10 days in advance of the competition (i.e. Wednesday evening). A 10 day deadline is now allowed in the BCSSA Policies and Procedures
- Divide registered skaters by their chosen Category
 - If another meet (not using the Interclub Format) is being cohosted, e.g. BCWG Zone Trials, separate those skaters from the Interclub skaters and assign them to Divisions based on the written rules of the other meet
- Sort each Category by the middle distance seed time (shortest distance in the case where there are only two official seed times for a Category)

Address Category outliers

- Flag skaters whose age and/or seed time(s) are significantly different than the remainder of the Category
- Email the outliers' coaches to confirm their choice of Category- provide data to help coaches make their decision
- Request a tight turn-around response from the coach- suggested deadline is 8 days in advance of the competition (i.e. Friday)

Establish Divisions

- Once Categories are confirmed, consider dividing Categories into Divisions to create closer racing
- Suggested size/make up of each Division is listed below:
 - Regional B: mixed gender
 - Regional A: mixed gender, 8-12 skaters/Division
 - Provincial C: mixed gender, 12 skaters/Division
 - Provincial B: mixed gender, 12 skaters/Division
 - Provincial A: mixed gender, 12-16 skaters/Division
 - Performance: gender specific

Determine distances for each Division

- Each Division must race the Official Distances for their respective Category
- Each Division may race other Additional Events assigned to their respective Category. If there is more than one Division per Category, the different Divisions may or may not race the same Additional Events
- See Table below for Official Distances and Additional Events for each Category:

Category	Official Distances	Additional Events
Regional B (100m)	50m, 200m	50m CW, 100m, L'd'W, partner relays
Regional A (100m)	200m, 800m	100m, 200m pursuit, 300m, L'd'W, partner relays
Provincial C (100m)	200m, 400m, 1200m	200m pursuit, 300m, 2000m PR, 1500m partner relay, 2000m relay
Provincial B (100m)	200m, 400m, 1500m	200m pursuit, 3000m PR, 3000m relay
Provincial A (mix)	400m (100m), 500m (111.12m), 1500m (100m)	200m, 1500m (111.12m), 3000m PR, 3000m relay
Competitive for Life (111.12m)	500m, 1000m	777m, 1500m, 3000m PR
Performance (111.12m)	500m, 1000m, 1500m	3000m PR, 3000m relay

Consultation

- Suggested date to send Divisions and distances to local coach for review is 7 days in advance of the competition (i.e. Saturday)
- Suggested date to send Divisions, distances and draft schedule to Chief Referee for review is 5 days in advance of the competition (i.e. Monday)
- Suggested date to send Divisions, distances and draft schedule to all participating club coaches for review is 3 days in advance of the competition (i.e. Wednesday)