

Expected Follow-up from Functional Assessment

Identified Problem	Cause	This is something I can work on <u>independently</u> . Here is the plan:	This is something I need help with. Here is the plan:
		Exercise program: see attached sheet Other:	Follow-up with physio: Follow-up with other professional:
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Please note: 'other professional' may include (but not limited to) personal trainer/kinesiologist, athletic therapist, weight lifting/strength and conditioning coach, yoga/pilates instructor, orthotist/pedorthist, nutritionist/dietician, sports psychologist, registered massage therapist, exercise physiologist etc.