

# **SPEED SKATING CANADA**

## **COMPETITIONS BULLETIN 2010-11**

### **Bulletin No 2010.02**

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### **Competitions Bulletins**

The Competitions Development Committee will issue bulletins periodically throughout the season informing competition organisers, skaters, coaches, officials, Branches and training centres of the format(s) to be used for SSC Championships, criteria concerning skater and Branch eligibility and any modifications to SSC regulations.

The Competitions Development Committee reserves the right to modify or change the enclosed policies in the event that exceptional circumstances arise and that any such changes are clearly in the best interest of the long term development of participants and Speed Skating Canada. In these situations all competition organizers, skaters, coaches, officials, Branches and training centres will be advised as soon as they are confirmed by the Competitions Development Committee.

## GENERAL INFORMATION

The following bulletin outlines all specific technical regulations, eligibility criteria and competition formats for the following events:

- Canadian Open Masters Championships (CMOC)
- Canada Winter Games Invitational Test Event

### Sanction

The CMOC shall be sanctioned as an SSC Championships. All events listed shall run in accordance with all SSC Policies, Procedures and Regulations and **APPENDIX C, Field of Play Regulations Long Track Speed Skating Canada Winter Games 2011**, as appropriate.

The Canada Winter Games Invitational Test Event shall be sanctioned as an SSC Selection/International event. All events listed shall run in accordance with all SSC Policies, Procedures and Regulations and **APPENDIX C, Field of Play Regulations Long Track Speed Skating Canada Winter Games 2011**, as appropriate.

For all events:

- The Racing Rules of Speed Skating Canada, and where applicable, the ISU shall be used.
- Programs and entry forms for the SSC sanctioned meets must contain the following notice, "Sanctioned by Speed Skating Canada".
- Participants in all events listed within this bulletin must be Ordinary Members in good standing of Speed Skating Canada and registered as Competitive Skaters.

### Announcements

Entry forms and announcements must be sent to the SSC Head Office at least sixty (60) days before the date of the Championships by electronic mail for approval.

The announcement and entry form for each SSC Championships will be available on the SSC website and distributed electronically to all Branches and training centers at least forty-five (45) days prior to the event.

### Entries

Each Branch is required to submit a ranked list of eligible skaters including all alternates nineteen (19) days prior to the competition start date on the official preliminary entry form for the designated event. An eligible skater is defined as any skater who has met the required entry requirements, if any, and intends to accept a position on the Branch's team if selected by his or her Branch where such selection criteria exist. A Branch may impose additional eligibility criteria on its skaters.

Guaranteed positions not utilized by Branches will be offered to next qualified skaters (alternates) on preliminary entries as per Branch rankings until all positions are filled. Branches will be notified of

additional positions available at least fourteen (14) days prior to the competition start date. **Note guidelines around guaranteed positions only apply to events which have maximum numbers of participants by category.**

Final entries are to be confirmed seven (7) days prior to the competition and shall include seed times for all events.

## **Medical**

At SSC Championships and events sanctioned as selection/international, a certified paramedic shall be on duty at all times. Please refer to Rule D5-100.

The guidelines and minimum requirements defined in Appendix B of the SSC Hosting Manual must be respected. It is the responsibility of the Chief Referee to ensure that this occurs.

## **Training Sessions**

Training ice will be made available to all participants on the day prior to the competition and will be indicated in the official announcement.

Additional training sessions may be made available for a cost on the days prior to the official training session, at the discretion of the Competition/Event Organizer.

## 2011 CANADIAN OPEN MASTERS CHAMPIONSHIPS (JANUARY 15-16, 2011 – HALIFAX)

The Canadian Open Masters Championships are a focal point of athlete preparation for competitive skaters in the Active for Life Stage of Development. This event will be a high profile and developmentally appropriate event which is a source of motivation and opportunity for recognition for the skaters age 30 and older.

The events raced at Canadian Open Masters Championship focus on providing a safe and healthy environment which reinforces the training objectives and promotes lifelong physical fitness.

### Duration

The event shall take place over two (2) days, preceded by one (1) day available for practice.

### Eligibility

All skaters registered as Competitive members of Speed Skating Canada who have reached the age of 30 prior to July 1<sup>st</sup> 2010 and have not been a member of Canadian National Team within the past two years are eligible to compete. As per Rule B1-200, age determination is based on age of participant before July 01<sup>st</sup> prior to the event.

### Program/Events

The race program shall include the following events and be raced at the same time as the Canada Winter Games Invitational Test Event.; however, skaters will be seeded separately and race in independent groupings.

Age Category	Day 1	Day2
Masters 30_+	Men's & Ladies 500m	Men' s & Ladies 1000m
Masters 35+	Men's & Ladies 1500m	Men's & Ladies 3000m
Masters 40+		
Masters 45+	Exhibition Event:	Exhibition Events:
Masters 50+	Men's and Ladies 100m Qualifying	Men's & Ladies Semi-Final and
Masters 55+	Round	Final 100m
Masters 60+		Team Pursuit Ladies 6 laps
Masters 65+		Team Pursuit Men 8 Laps
Masters 70+		
Masters 75+		
Masters 80+		
Masters 85+		

### Results and Awards

Overall championship and individual distance results shall be published and awards shall be awarded in accordance with the guidelines for SSC Championships to skaters in each age category. **While the competition will be conducted as a single distance event, overall rankings are to be determined using sammelagt.**

## **Pairing and Seeding**

### **500m and 1500m**

Seeding for the 500m and 1500m will be based on their season's best time in each event; skaters will then be randomly drawn from groups of 8 to determine their pairing.

Any skater without a seed times shall be placed in the last grouping of skaters.

### **1000m**

Skaters shall be automatically paired from slowest to fastest based on their rank in the 500m. Should there be an odd number of skaters; the lowest ranked skater shall race as a single skater.

If there is more than one unranked skater entering the event, these skaters shall start first, with starting positions being randomly drawn.

### **3000m**

Skaters shall be automatically paired from slowest to fastest based on their rank in the 1500m. Should there be an odd number of skaters; the lowest ranked skater shall race as a single skater.

If there is more than one unranked skater entering the event, these skaters shall start first, with starting positions being randomly drawn.

### **Quartet Starts**

Any event 1000m and longer may be raced in Quartets should weather or time dictate such a need. All events 1500m and longer shall be raced in Quartets.

Should an odd number of pairs exist; the slowest/lowest rank pair shall start will race as a pair.

## **Order of Racing**

Normally events will be raced with the highest ranked skaters racing last. However, weather and ice conditions may require this sequence to be changed. This decision shall lie with the Chief Referee in Consultation with the SSC Technical Representative and the Competition/Event Coordinator.

## Exhibition Events

As the 2011 Canadian Open Masters Championships is taking place at the same time as the 2011 Canada Winter Games Test event all skaters are invited to participate in both the 100m and Team Pursuit as exhibition events.

### 100m

The 100m will feature a qualifying round followed by two elimination rounds. For the qualifying round skaters will be seeded based on their 100m opener time in the 500m and will be paired from slowest to fastest based on rank.

The top 9 skaters from the qualification round will earn a position in the elimination round. Skaters will be seeded into three semi-finals based on their rank in the qualifying round as follows.

Semi-Final A	Semi-Final B	Semi-Final C
1	2	3
6	5	4
7	8	9

The winner of each of the semi-finals shall earn a position in the final

### **Starting Lanes for Semi-Finals and Finals**

For semi-finals and finals, skaters will earn their lane position based on their time in the previous round. Starting lanes will be assigned as follows:

- Middle Lane: Fastest skater
- Outer Lane: 2<sup>nd</sup> fastest skater
- Inner Lane: 3<sup>rd</sup> fastest skater

### Team Pursuits

Team pursuits are to be skated in teams of 3 or 4 as entries in the event shall determine, with the winning time determined by the time of the 3<sup>rd</sup> place skater.

The team pursuit shall be 6 laps in length for women and 8 for men raced on the inner racing lane. Skaters will be seeded into team of 3 or 4 from groups of 6, 7 or 8 skaters as the event registrations may dictate based on results of the 3000m. Teams will be seeded as follows:

6 Skaters in a Group		7 Skaters in a Group		8 Skaters in a Group	
Team 1	Team 2	Team 1	Team 2	Team 1	Team 2
1	2	1	2	1	2
4	3	4	3	4	3
5	6	5	6	5	6
			7	8	7

Teams will then be paired from slowest to fastest with the team with the fastest seeded skater starting on the side of the 1000m finish line.

## 2011 CANADA WINTER GAMES TEST EVENT

2011 Canada Winter Games Test Event is intended to provide an opportunity for Canada Winter Games athletes to experience the venue for the 2011 Canada Winter Games while also providing host society officials and volunteers to familiarise themselves with the venue and racing procedures as well as test all equipment.

### Duration

This event shall take place over two (2) days, preceded by one (1) day available for practice.

### Eligibility

All skaters registered as Competitive members of Speed Skating Canada.

### Program/Events

This event shall take place at the same time as the 2011 Canadian Open Masters Championships; however skaters will be paired and seeded independently from those taking part in the Masters Championships.

Age Category	Day 1	Day2
Men	500m 100m Qualification Round 3000m	100m Elimination Rounds 1500m 5000m Team Pursuit
Women	500m 100m Qualification Round 1500m	100m Elimination Rounds 1000m 3000m Team Pursuit

### Pairing and Seeding

#### 500m and 1500m Ladies/3000m Men

Seeding for the 500m and 1500m Ladies/3000m Men will be based on their season's best time in each event; skaters will then be randomly drawn from groups of 8 to determine their pairing.

Any skater without a seed times shall be placed in the last grouping of skaters.

#### 1000m Ladies

Skaters shall be automatically paired from slowest to fastest based on their rank in the 500m. Should there be an odd number of skaters; the lowest ranked skater shall race as a single skater.

If there is more than one unranked skater entering the event, these skaters shall start first, with starting positions being randomly drawn.

### **1500m Men**

Skaters shall be automatically paired from slowest to fastest based on their rank in combined samelagt from the 500m and 3000m events. Should there be an odd number of skaters; the lowest ranked skater shall race as a single skater.

If there is more than one unranked skater entering the event, these skaters shall start first, with starting positions being randomly drawn.

### **3000m Ladies/5000m Men**

Skaters shall be automatically paired from slowest to fastest based on their rank in the 1500m Ladies/ 3000m Men. Should there be an odd number of skaters; the lowest ranked skater shall race as a single skater.

If there is more than one unranked skater entering the event, these skaters shall start first, with starting positions being randomly drawn.

### **Quartet Starts**

Any event 1000m and longer may be raced in Quartets should weather or time dictate such a need. All events 3000m and longer shall be raced in Quartets.

Should an odd number of pairs exist; the slowest/lowest rank pair shall start will race as a pair.

### **100m**

The 100m will feature a qualifying round followed by two elimination rounds. For the qualifying round skaters will be seeded based on their 100m opener time in the 500m and will be paired from slowest to fastest based on rank.

The top 9 skaters from the qualification round will earn a position in the elimination round. Skaters will be seeded into three semi-finals based on their rank in the qualifying round as follows.

<b>Semi-Final A</b>	<b>Semi-Final B</b>	<b>Semi-Final C</b>
1	2	3
6	5	4
7	8	9

The winner of each of the semi-finals shall earn a position in the final

### ***Starting Lanes for Semi-Finals and Finals***

For semi-finals and finals, skaters will earn their lane position based on their time in the previous round.

Starting lanes will be assigned as follows:

- Middle Lane: Fastest skater
- Outer Lane: 2<sup>nd</sup> fastest skater
- Inner Lane: 3<sup>rd</sup> fastest skater

### **Team Pursuits**

Team pursuits are to be skated in teams of 3 or 4, with the winning time determined by the time of the 3<sup>rd</sup> place skater.

The team pursuit shall be 6 laps in length for women and 8 for men raced on the inner racing lane. The Teams shall be seeded based on the time of the 2<sup>nd</sup> place skater in the women's 1500m/men's 3000m and will skate from slowest to fastest. The top seeded team in a pair shall start at the 1000m finish line.

Team are to be registered in advance as part of the final entries by the head coach or team leader. Skaters not registered as part of a team may participate in the Masters Exhibition Event.

### **Order of Racing**

Normally events will be raced with the highest ranked skaters racing last. However, weather and ice conditions may require this sequence to be changed. This decision shall lie with the Chief Referee in consultation with the SSC Technical Representative and the Meet Coordinator.

FINAL

## **APPENDIX 1 - SPECIAL GUIDELINES FOR THE ORGANISER OF THE 2011 CANADIAN OPEN MASTERS CHAMPIONSHIPS AND THE 2011 CANADA WINTER GAMES INVITATIONAL TEST EVENT**

While the 2011 Canadian Open Masters Championship and 2011 Canada Winter Games Test Event are independent events, they are scheduled to take place at the same venue on the same dates. The purpose of these guidelines is to assist Competition/Event Organisers in combining these two events together.

### **Seeding and Drawing**

At all times skaters from the two competitions are to be seeded and drawn separately in accordance with the seeding and drawing procedures described for each event.

### **Order of Races**

Races are to be completed in the following order. Please note, CWG denotes the Canada Winter Games Test Event while COM denotes the Canadian Open Masters Championships.

#### **Day 1**

CWG 500m Men  
CWG 500m Women  
CMOC 500m Men  
CMOC 500m Women  
CWG 100m Men Qualification Round  
CWG 100 Women Qualification Round  
CMOC 100m Men Exhibition Qualification Round  
CMOC 100m Women Exhibition Qualification Round  
CWG 3000m Men  
CWG 1500m Women  
CMOC 1500m Men  
CMOC 1500m Women

#### **Day 2**

CWG 1000m Women  
CMOC 1000m Women  
CMOC 1000m Men  
CWG 1500m Men  
CWG 100m Women Elimination Rounds  
CMOC 100m Women Elimination Rounds  
CMOC 100m Men Elimination Rounds  
CWG 100m Men Elimination Rounds  
CWG 3000m Women  
CMOC 3000m Women  
CMOC 3000m Men  
CWG 5000m Men  
CWG Team Pursuit Women (6 laps)  
CMOC Team Pursuit Women (6 laps)  
CMOC Team Pursuit Men (8 laps)  
CWG Team Pursuit Men (8 laps)