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Addendum to BC HP & Teams Bulletin
(Released September 2011)

BCSSA High Performance Program Selection: 2012-2013 Season

BCSSA will review potential candidates for the BCSSA HP Program in April of 2012. Potential candidates include skaters who have skated a defined time (“time standard”) during the 2011-2012 season. The time standards for consideration into the short track program and long track program are listed below.

Skaters who have achieved one of the time standards will be notified by BCSSA. After being named as an eligible skater for the HP Program, the online *Confirmation of Intent to Participate* form must be completed.

Short Track Standards

All times must be skated on a 111.12m track during the 2011-2012 season in a sanctioned competition (BCSSA/Provincial, SSC or ISU). Manual times will be adjusted upwards by 0.2 seconds. Percentages (in Table 1) are relative to the Canadian (or in the case of Level 3, Canadian Junior) Records from the end of the 2010-2011 season.

Table 1

Level 1 (All ages)	Under 105% using an average of percentages from the skater’s best* 500m, 1000m and 1500m
Level 1a (All ages)	Under 106% using an average of percentages from the skater’s best* 500m, 1000m and 1500m
Level 2 (All ages)	Under 112% using an average of percentages from the skater’s best* 500m, 1000m and 1500m
Level 3 (2011-2012 ISU Junior)	Under 115%** using an average of percentages from the skater’s best* 500m, 1000m and 1500m

*Times can come from different competitions

**Relative to the Canadian *Junior* Record

Long Track Standards

All times must be skated on a 400m oval during the 2011-2012 season in a sanctioned competition (BCSSA/Provincial, SSC or ISU). Manual times will be adjusted upwards by 0.2 seconds. All times not skated in Calgary will have an adjustment ratio applied to the Canadian (or Canadian Junior) Record as described in Figure 1 below. The adjustment ratio is specific to each distance, at each competition. Percentages (in Table 2) are relative to the Canadian (or in the case of Level 3, Canadian Junior) Records from the end of the 2010-2011 season.

Figure 1

The times in each distance of the top skaters (minimum of 10 results used) who skated at a non-Calgary competition and also competed in the same distance in the most recent Calgary competition in the current season will be averaged and then compared to the average times of those same skaters for those same distances in the Calgary competition in question. The ratio of this comparison will be used to adjust the Canadian (or Canadian Junior) Record by the same ratio in that distance. This adjusted Canadian (or Canadian Junior) Record will then be used to determine the percentages skated in that distance in the specific non-Calgary competition. This same calculation and adjustment process will be applied separately for each distance as ice conditions can change from distance to distance and day to day.

Example of LT Adjustment for non-Calgary Competition:

Calgary			Non-Calgary		
	Canadian Record	1:13.11		adjusted record	1:19.66
	time	%		time	%
skater A	1:18.60	107.51	skater A	1:24.29	105.82
skater B	1:19.11	108.21	skater B	1:25.07	106.80
skater C	1:19.56	108.82	skater C	1:26.54	108.64
skater D	1:20.16	109.64	skater L	1:26.71	108.86
skater E	1:20.50	110.11	skater D	1:26.86	109.04
skater F	1:20.71	110.40	skater E	1:26.89	109.08
skater G	1:20.88	110.63	skater J	1:27.64	110.02
skater H	1:20.88	110.63	skater F	1:28.47	111.07
skater I	1:21.06	110.87	skater G	1:28.86	111.56
skater J	1:21.65	111.68	skater H	1:28.88	111.58
skater K	1:21.68	111.72	skater K	1:29.52	112.38
skater L	1:22.25	112.50	skater N	1:30.70	113.87
skater M	1:22.50	112.84	skater I	1:30.74	113.92
skater N	1:23.36	114.02	skater M	1:32.16	115.70
skater O	1:23.83	114.66	skater O	1:32.33	115.91
Average	1:21.12		Average	1:28.38	

$$\text{adjusted record} = (1:28.38 / 1:21.12) \times 1:13.11 = 1:19.66$$

Table 2

	Male	Female
Level 1 (All ages)	<ul style="list-style-type: none"> • Under 105% in the 500m or 1000m or 1500m <u>or</u> • Under 107% in the 5000m or 10000m 	<ul style="list-style-type: none"> • Under 107% in the 500m or 1000m <u>or</u> • Under 108% in the 1500m <u>or</u> • Under 110% in the 3000m or 5000m
Level 1a (All ages)	<ul style="list-style-type: none"> • Under 106% in the 500m or 1000m or 1500m <u>or</u> • Under 108% in the 5000m or 10000m 	<ul style="list-style-type: none"> • Under 108% in the 500m or 1000m <u>or</u> • Under 109% in the 1500m <u>or</u> • Under 111% in the 3000m or 5000m
Level 2 (All ages)	<ul style="list-style-type: none"> • Under 112% in the 500m or 1000m or 1500m <u>or</u> • Under 114% in the 5000m or 10000m 	<ul style="list-style-type: none"> • Under 114% in the 500m or 1000m <u>or</u> • Under 115% in the 1500m <u>or</u> • Under 117% in the 3000m or 5000m
Level 3 (2011-2012 ISU Junior)	<ul style="list-style-type: none"> • Under 115%[†] in the 500m or 1000m or 1500m <u>or</u> • Under 117%[†] in the 5000m or 10000m 	<ul style="list-style-type: none"> • Under 117%[†] in the 500m or 1000m <u>or</u> • Under 118%[†] in the 1500m <u>or</u> • Under 120%[†] in the 3000m or 5000m

[†]Relative to the Canadian *Junior* Record

**Appendix: Canadian and Canadian Junior Records
(as of the end of the 2010-2011 season)**

Referenced directly from Speed Skating Canada's website:
www.speedskating.ca

Long Track Canadian Records

Distance	Male	Female
500m	34.03	37.22
1000m	1:07.03	1:13.11
1500m	1:42.01	1:51.79
3000m	[3:41.96]	3:53.34
5000m	6:14.01	6:48.97
10000m	13:10.58	[14:19.73]

Long Track Canadian Junior Records

Distance	Male	Female
500m	35.06	38.53
1000m	1:08.56	1:16.16
1500m	1:46.19	1:58.67
3000m	[3:45.98]	4:04.49
5000m	6:27.68	7:15.56
10000m	13:41.39	n/a

Short Track Canadian Records

Distance	Male	Female
500m	40.437	43.241
1000m	1:23.454	1:29.132
1500m	2:06.565	2:17.194

Short Track Canadian Junior Records

Distance	Male	Female
500m	41.949	43.922
1000m	1:25.599	1:33.32
1500m	2:12.702	2:26.94